

Overview of Teaching and Learning of PE

Intent

Our Physical Education is designed to deliver a high-quality curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. The opportunities we offer to take part in competitive sport and other activities build character and help to embed values such as fairness and respect. They also allow for pupils to become physically confident in a way that supports their health and fitness.

The Big Ideas

Active – Children lead healthy, active lives.

Performance – Children develop competence to engage in competitive sports and activities.

Challenge – Children are physically active for sustained periods of time and evaluate their performance in order to improve.

Implementation

- Long term plans on a two year rolling programme that cover a wide range of sporting activities
- Sports specialists used to teach sports and allow for staff development whenever possible.
- Engagement in a wide variety of local sporting tournaments eg trampolining, table tennis, cross country, rugby and cricket
- Assessment using the ASCA criteria
- Playleaders to encourage active breaktimes
- Additional support staff at lunchtime to engage playleaders
- Daily mile
- Annual sports Day
- After school specialist taught sports clubs – free whenever possible

Impact

By the end of their schooling at Hintlesham and Chattisham C of E Primary School, pupils will have been given the opportunity to apply their acquired skills in a range of competitive situations against themselves, peer-to-peer as well as school to school. They will have taken part in a range of activities, both familiar and those that are new to them, and been offered a variety of extracurricular, physically demanding activities. Through these children will have developed confidence in their own abilities, an understanding of fairness as well as teamwork and respect. We aim to foster a love of physical activity in any of its forms.

We measure the impact of our curriculum through the following methods:

- Participating in the School Games Marks award
- Taking part in local tournaments and events
- Children's engagement in extra-curricular activities
- Pupil and parent perception surveys
- Assessment using the ASCA criteria following the National Curriculum statements

- Children in our school being able to explain to another how they try to keep healthy through exercise and diet. When asked, a child can give an example of how someone could stay healthy.
- Meeting and exceeding the 25m swimming and water safety standards